ALAMANCE COUNTY BOARD OF HEALTH

Minutes

Regular Meeting of the Board of Health

April 15, 2014

The Alamance County Board of Health met at 6:30 p.m. on Tuesday, April 15, 2014, in the Professional Board Room of the Human Services Center located at 319-B North Graham-Hopedale Road, Burlington, North Carolina.

The following board members were present: Mr. Kent Tapscott, Chair; Mr. Michael Venable, Vice-Chair; Ms. Kathleen Colville; Dr. William Porfilio; Dr. Kary Dodd; and Dr. Annette Wilson.

The following staff members were present: Ms Stacie Turpin Saunders, Mr. Carl Carroll, Dr. Kathleen Shapley-Quinn, Ms. Gayle Shoffner, Ms. Janna Elliott, Ms. Ariana Lawrence, Ms. Glenda Linens, Ms. April Durr, Ms. Candy West, Ms. Christy Poovey, Ms. Sandra Palma, Ms. Francescka Wallace, Mr. Tyler Womble, Ms. Meteea Garner, Ms. Michelle Dorminy, Ms. Jessica Randolph, Ms. Angela Harris and Ms. Darlene Wirag.

The following guests were present: Mr. Bryan Hagood, Assistant County Manager, Mr. Tom Manning, County Finance Officer, Ms. Karen Webb, Dr. Andrew Van Hoewyk, and Ms. Felicia Preudhomme.

I. Call to Order and Introductions

Board of Health Chairman, Mr. Kent Tapscott, called the meeting to order at 6:30 p.m. Those that were in attendance introduced themselves.

II. Public Comments

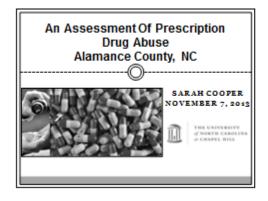
No public comments were made.

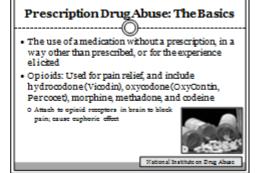
III. Approval of the February 11, 2014 Board of Health Minutes

A motion was made by Dr. William Porfilio to approve the February 11, 2014, Board of Health minutes. The motion was seconded by Ms. Kathleen Colville and approved unanimously by the board.

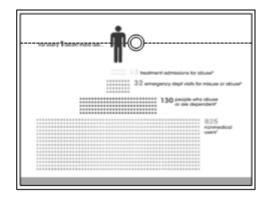
IV. Opioid Presentation

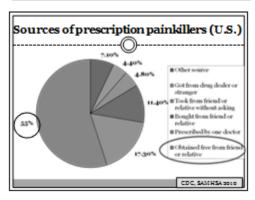
Ms. Karen Webb provided the opioid presentation to the board.

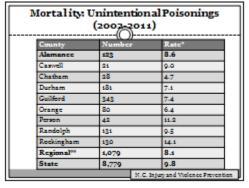


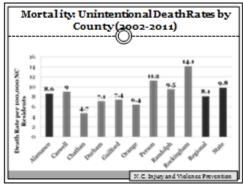


Prescription Drug Abuse: U.S. Drug overdose is the leading cause of injury death in the U.S. (as of 2009) 4 prescription drug overdoses are caused by prescription painkillers Sales of prescription painkillers quadrupled from 1999-2010 The number of fatal poisonings due to prescription pain medications has also quadrupled Enough prescription painkillers were prescribed in 2010 to medicate EVERY American adult continually for 1 month ED visits for prescription drug misuse doubled (2004-2011)

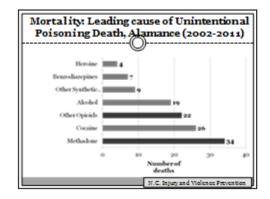


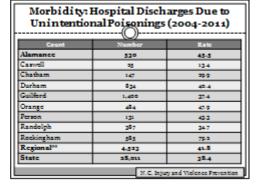


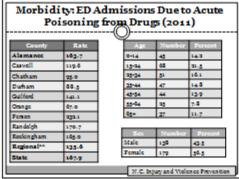


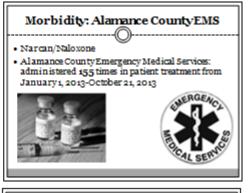


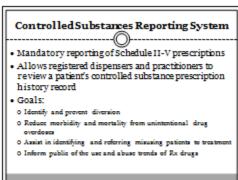


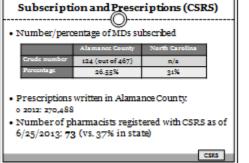


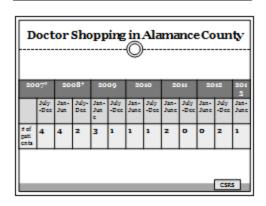


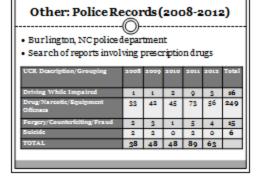






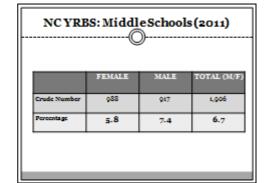








"....Ever took prescription drugs one or more times without a doctor's prescription (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life)?"



NC/US YRBS: High Schools (2011)

	FEMALE	MALE	(NC)	U.S.
Crude Number	1,202	1,053	2,263	n/s
Percenta ge	16.5	24.1	20.4	20.7



- Non-medical use of Prescription Pain Relievers (Aged 12 yrs+)
- 0 Highest Rates: Oregon and Colorado (>6.00%)
- 0 North Carolina: 4.00% (8th lowest)
- Non-medical use of Prescription Pain Relievers by Age Group

	12 y	15 + /	12-17 yrs		18-25 yrs		26 yrs +	
Year	09-10	10-1	09-10	10-11	09-10	10-11	09-10	10-11
U.S.	489	457	6.43	6.09	∳ -54	10.43	3-53	3-27
N.C.	4-54	4.00	6.59	6.25	10.55	5.96	2.25	2.59

North Carolina CHAMP (2009)

Percentage of N.C. parents who reported that they keep all prescription medication in a locked place:

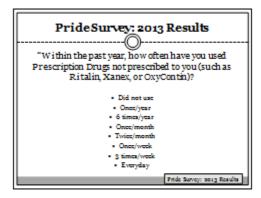
12.4%

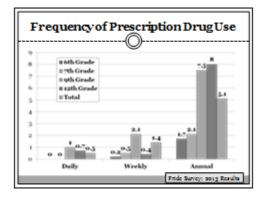


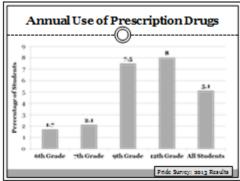
Other: Pride Survey

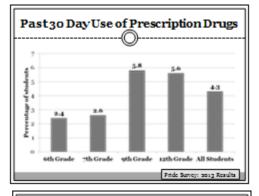


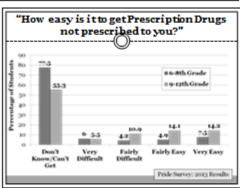
- Behavioral survey used to assess al cohol, tobacco and drug in middle and high school students
- Administered in Alamance-Burlington school district since 2009
 Most recently administered
- Spring2013



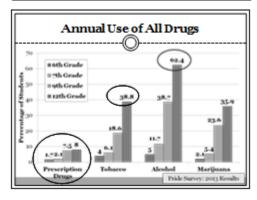


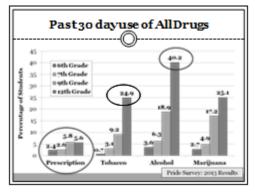




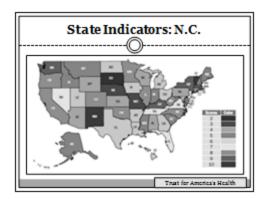


	6-84 Grade	9-12th Grade
Do not use	94-5	87.6
At home	15	3.6
At school	0.2	1.8
In a car	0.2	1.0
Friends' house	0.2	3.1
Other	0.9	2.3





Other: Alamance CommunityHealth Assessment · 2011: No questions concerning Prescription Drug abuse 2014: Proposed questions: O Pride questions o YRBS questions o OC Community Assessment * "If you have it in the home, do you be up your prescription drugs?



What the data tells us about Alamance ······

- High hospital and ED admissions
- · Increasing self-reported use in high school students (vs. middleschool)
- O Access to prescription drug use
- Low percentage of parents lock their medication up (N.C.)
- Low provider CSRS registration

Recommendations ······

- Office of National Drug Control Policy/Federal Government/CDC
- o Education: Parents, youths, patients, and providers
- o Monitoring: Implement and enhance PDMPs
- o Proper Medication Disposal: Develop disposal programs
- o Better access to substance abuse treatment

Recommendations for Alamance

- Continued surveillance, additional data sources
- 2. Education and awareness
- 3. Pilldisposal
- Provider training, access to CSRS
- 5. Harm reduction Narcan training for users

Pill Disposal: Medication Dropbox

- 1 medication dropbox within 25 miles of Alamance
- · Total of 6 in surrounding counties
- DEA requirements:
- O Located within law enforcement agency
- O Scourity measures in place
- O Policy for removal and disposal of medication
- Cost of purchasing box; monitoring/emptying/disposing



Naloxone Prescriptions and Training

- Naloxone Access Law
- Can be prescribed to patients at risk of an opioid overdose
- · Friends, family members can be trained on how to administer
- . Cost: \$10-\$35 (Covered by many insurance companies)
- NC Harm Reduction Coalition conducts free overdose prevention Naloxone trainings

voutube.com/watch?v=V6NVcAraSCo



References

- Centers for Disease Centrol and Preve
- · N.C. Injury and Violence Prevention
- Project Lazarus
- Office of National Drug Centrol Policy/Executive Office of the President
- . Trust for America's Health
- National Institute on Drug Abuse SAMHSA
- National Survey on Drug Use and Health · Pride Survey
- · Youth Risk Behavioral Survey CHAMP
- DEA
- NC Harm Reduction Coalition

Ms. Webb informed the board that Alamance County will now have a permanent Medication Dropbox at Burlington Police Department and Mebane Police Department.

V. **Community Transformation Grant Project Update**

Ms. Glenda Linens and Ms. April Durr presented the Community Transformation Grant project update.

Community Transformation Grant Project www.allin4health.com



CTG - Overview

- . 5 year grant CDC funding Statewide, NC DPH received \$7.4 Million year/over 5 years; Region 5 received \$400 Thousand year/over 5 years.
- Ending early, Sept. 2014
- Region 5- includes: Alamance, Caswell, Chatham, Durham, Guilford, Orange, Person, and Rockingham (Wake)
- · Focuses on the following strategic directions: Healthy Eating, Active Living, Tobacco Free Living and Clinical Preventative Services.

Active Living Strategy

Increase the number of communities that implement comprehensive plans that include health considerations.

 Alamance used our money to assist the following municipalities with their Comprehensive plans: City of Graham (\$18,468), City of Burlington (\$20,000), Alamance County Trails Plan (\$4,000)

Comprehensive Planning & Transportation

- Grassroots initiative, FAST, Friends & Advocates for Sustainable Transportation
- Raising awareness: Sidewalks, Bicycle Lanes & Fixed Route Bus Services - Community Design





Healthy Eating Strategy

Increase the number of communities that support farmers markets, mobile markets, and farm stands.

 Alamance used our money to buy tables, chairs, scales, tents, aprons, cooking kits, tablecloths, shopping bags, recipes cards, signs and billboards to advertise current markets.





Tobacco Free Living



Increase smoke-free regulations of local government buildings and of indoor public places.

Increase tobacco-free regulations for government grounds, including parks and recreational areas.

Increase smoke-free housing policies in affordable multi-unit housing and other private sector market-based housing.

 Alamance has worked with the City of Burlington to pass an ordinance that prevented smoking in businesses that are adjacent to restaurants and also passed an ordinance preventing smoking in children's areas in all city parks.



Tobacco Free Living



What's happening in Region 5:

Yancoyville Farm and Floa Market (private: voluntary odior: no smoking indoors).

SOH Rule; No smoking in public places; adopted

by County Commissioners.

BOH Rule; No smoking in public places; adopted by County Commissioners.

County Commissioner Ordinance; No

smoking in county recreational facilities and 50 ft. grounds perimeter policy.

 Rockingham 80H fluid; No smoking inside and widtin 50 ft.
 of entrances to occupied county-owned buildings and
 prohibits smoking and the use of other tobacco products
 inside and widtin 50 ft. of the health Opet, with the exception of designated smoking areas; adopted by County

Western Rockingham Farmer's Market (private; no smoking within market boundaries).









Dr. Porfilio asked if the "no smoking" rules that were adopted by the board of health and county commissioners in other counties included e-cigarettes. Ms. Saunders and Ms. Colville explained that in order for e-cigarettes to be included in the rules, the rule would have to include the wording of "tobacco products", and not just "smoking". Mr. Tapscott asked if the board needed to address any current health department policies in regards to smoking. Ms. Saunders answered that the health department does not currently have smoke free/tobacco free policies. Mr. Tapscott asked if the health department would bring some information to a future meeting regarding policies from other health departments.

VI. Administrative Reports A. Personnel Report

Ms. Janna Elliott provided the Board with the Personnel Update.

PERSONNEL UPDATE

New Hires / Transfers / Resignations:

- Stacie Turpin Saunders transferred to the Interim Health Director position effective March 1, 2014.
- Angela Harris began employment as Processing Assistant IV- Administration effective March 10, 2014.
- Darlene Wirag began employment as Processing Assistant III- Finance effective March 10, 2014.
- Marisol Romero resigned from her position as Processing Assistant III Maternity Clerk effective March 31, 2014.

• Jessica Johnson will transfer into the Public Health Nurse II – CC4C/PPHV Case Manager beginning May 1, 2014.

Recruiting to fill the following positions:

- Local Health Director (recruiting until June 4)
- Foreign Language Interpreter II (appointment pending)
- Quality Assurance Specialist (conducting interviews)
- Environmental Health Program Specialist— Preparedness Coordinator (conducting interviews)

Vacant positions:

- Public Health Nurse I (two positions)
- Processing Assistant III Admin
- Processing Assistant III- Maternity Clerk

Ms. Elliott reported that the county is on a hiring, purchase and travel freeze until the next fiscal year. The positions that were already in the process of being hired prior to the freeze have been approved to continue with the hiring process.

Ms. Elliott also provided a nine month budget update for the board.

B. FY 2013-2014 Budget Amendments and Transfers

BUDGET ACCOUNT CODE	DESCRIPTION	TRIAL BALANCE	STATE BUDGET	COUNTY BUDGET	
REVISION#	6		DEPT. NAME:	HEALTH	
STATE BUDGET:			TRANSFER:		
			AMENDMENT:	Χ	
Expenditures:					
110-5110-190	Professional Services	\$2,000.00		\$2,000.00	
Revenue:					
310-3511-808	NC Gestational Diabetes Collaborative	\$2,000.00		\$2,000.00	
Explanation:	The Alamance County Health Department recei		•		
	Carolina Gestational Diabetes Collaborative to support a local effort to identify post-partum women who are deemed high risk for diabetes given a previous medical history of gestational diabetes. Funds received will be used to off-set the costs of the lab tests performed.				

A motion was made by Mr. Michael Venable to approve budget amendment for Fiscal Year 2013 - 2014. The motion was seconded by Ms. Kathleen Colville and approved unanimously by the board.

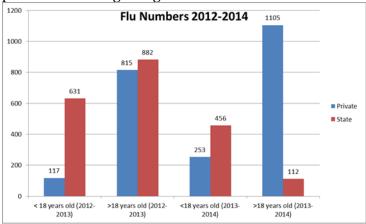
VII. Personal Health Committee Update

Dr. Kary Dodd reviewed the minutes from the March 18, 2014 Personal Health Committee.

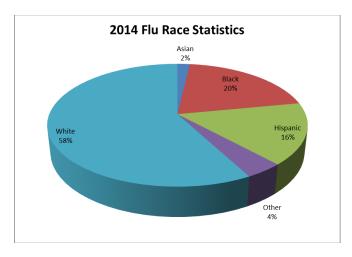
VIII. Personal Health Update

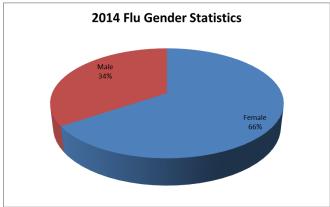
Ms. Shoffner reported that on April 1st, President Obama signed a bill introduced by the Senate that included a one year delay for the implementation of ICD-10. The State has suspended the scheduled April trainings intended for local health departments, and will provide updated information hopefully in May.

Ms. Shoffner shared the following flu statistics with the board. The NCIR is only able to provide us with age ranges of < 18 or > 18 for both state and private flu vaccines given.



Ms. Karen Schwabrow, the health department's billing and IT specialist, pulled information from Insight to provide available data regarding race and gender served. This data is not complete since all flu vaccines were not entered in this system. (Those most likely not entered would be state supplied vaccine for children and pregnant women). Ms. Shoffner explained that next year staff is considering entering all flu vaccine information in this system to gather more accurate data. The current charts and graphs differ from numbers provided by the immunization coordinator by about 400 vaccines.





Ms. Shoffner shared that Jessica Johnson has been appointed to fill the vacant Public Health Nurse II – CC4C/PPHV Case Manager position. She will begin her transition and training for this role on May 1st.

Mr. Tapscott asked if there is a way to target other populations that are not being served as much as others. Ms. Shoffner replied that next year they can continue to do outreach like the health department nurses did this year, and think about different ways to promote flu vaccine for next season.

IX. Environmental Health Update

Mr. Carl Carroll reported that the workload for Environmental Health has increased over the past few weeks. With the temperatures increasing, hotels are ready for their pool permits. Five years ago, the Virginia Graeme Baker Pool and Spa Safety Act went into effect. This rule requires all public pools to have an anti-entrapment and anti-entanglement drain covers installed. Most of the drain covers expire every five years, and most public pools in the area will need to replace those this year or next year. Environmental health has received a lot of questions regarding tick and mosquito protection, so staff has been providing education to the public on those topics.

The new Sheetz Distribution Center will be inspected by the Department of Agriculture. But the employee canteen will be inspected by Environmental Health. Campbell

Wellness is a new facility that provides healthy meals that can be ordered online, and the meals are dropped off at different locations around the county for the customer to pick up. In the coming months, there will be a total of five permitted food establishments in Saxapahaw.

Environmental health was recently awarded a Certificate of Achievement from the U.S. Department of Health and Human Services, Food and Drug Administration for outstanding commitment to retail food safety and the continuous improvement of the retail food regulatory program as demonstrated by meeting an additional Regulatory Foundation Standard. There are ten standards and Environmental Health has now met three of the Standards and is working to meet all ten. The ultimate goal of working toward meeting these standards is to use them as tools to further reduce foodborne illness.

Environmental Health was notified last week that they were 1 of 58 other counties in North Carolina to complete 100% of their food service establishment inspections last year. Counties that did not achieve 100% of their inspections do not get their full funding from the state, and those that did complete 100% get part of their money.

Mr. Carroll announced that Honey, a dog that was quarantined in November due to not being current of its rabies vaccinations and having a potential exposure to a rabid raccoon, will be getting out of quarantine on May 1, 2014.

There will be 1,534 small flags placed at local schools by members of the Asthma Coalition to signify the number of children that have asthma. Each school will also have a sign displayed explaining why the flags are there. The flags will be taken down after May 15. Kenneth Greene will be making several presentations at the NC Asthma Summit in Durham about the Healthy Homes Program here in Alamance County.

Mr. Tapscott asked for an update on the RV Park and the Cigar Bar that was discussed at previous meetings. Mr. Carroll reported that the RV Park is operating successfully with thirty plus spaces approved and there are future plans to build a pool at the RV Park. The Cigar Bar has not opened, and has not applied for any permits.

X. Medical Director's Report

Dr. Shapley-Quinn reported that the provider staff has decreased; one provider is out on medical leave for five weeks, and another is out for 2-3 weeks.

More providers have received training on long lasting contraception, and can now be more flexible with scheduling those visits the day of, or day after the patient requests the service.

Three more staff members have received Centering Pregnancy training, and two of those staff members will begin working with Centering Pregnancy in May to be co-facilitators. Dr. Shapley-Quinn reported that every year clinic staff is required to be trained via webinar on human trafficking. A patient at the health department reported that she was a victim of human trafficking. When the patient presented this information, she was no longer in that situation and was not in danger. It was a great opportunity to learn about when to intervene, and who are the right people to help with intervening.

XI. Interim Health Director's Report

Ms. Stacie Saunders thanked the staff for the support during the transitional period, and thanked the board for the opportunity to serve as interim health director.

Ms. Saunders reported that at the health department, the month of April is celebrated as Public Health Month. The health department had its quarterly staff meeting on April 3 and the theme was "A Better Today= A Better Tomorrow". During the staff meeting there were team building exercises, superlatives, and trainings. The health department also took part in a spirit week, and each day staff was given the opportunity to bring in items to donate to Allied Churches. Project LAUNCH had a press release go out regarding the great work they are doing. A press release was also sent out regarding the upcoming rabies clinics in April-May. WIC has been featured in the Times News with articles about healthy eating and healthy recipes.

Ms. Saunders gave an update on the emergency shelter that was opened during the March 7, 2014 ice storm. Currently Ms. Elliott and Ms. Saunders are working with FEMA to submit applications for reimbursement.

Ms. Saunders spoke about the School Ready Child Event, A staff member, Robin Jordan, was mentioned during this event. Robin Jordan is a nurse that works in the Care Coordination for Children (CC4C) program. Robin was mentioned for the great work she did for a family that needed services. Also mentioned at this event was the collaboration between Eastlawn Elementary and the WIC department. Project LAUNCH was recognized for the work they are doing with the prevention and early childhood mental health social emotional development. Ms. Saunders expressed how proud she was to be a part of the health department team. Ms. Kathy Colville was also at this event, and expressed how grateful she was to be affiliated with the health department. Ms. Saunders shared that the Open Door Clinic has a potential opportunity along with the Children's Dental Clinic. Both facilities see a large demand for adult emergency dental services, which neither facility provides. Tracy Salisbury, who is the director of the Open Door Clinic, wrote a grant through the free clinic association to do adult emergency dental care one day per week at the Open Door Clinic. If the grant is awarded to them, it would be \$150,000 for three years. While gathering data, it was found that the hospital loses a tremendous amount of money through adult dental emergencies. Tracy Salisbury should know if they received the grant in early summer.

There was a Juvenile Crime Prevention Council (JCPC) funding meeting on April 15, 2014. Due to limited funds, at that meeting it was decided that JCPC would not fund Teen Outreach Program (TOP) for fiscal year 2014-2015. There is an increased need for level two individuals, which are higher risk juveniles. With a decrease in funding, JCPC has decided to focus on the increased need for the level two individuals, and not TOP. At this point, TOP may be ending in June 2014.

Ms. Saunders informed the board that Dr. Robert Winfield Little passed away April 5, 2014. Dr. Little was the physician representative on the board of health in the 1970's. Ms. Saunders told the board that if any member would ever like to submit an item for the agenda, they may do so.

XII. Old Business

There was no old business to discuss.

XIII. New Business

A. Employee Health Policy and Procedure

Ms. Glenda Linens and Ms. Gayle Shoffner presented the employee health policy and procedures with the proposed changes. After discussions between the board and staff, it was decided to further edit the policy and it will be brought to the June 17, 2014 meeting for consideration.

A motion was made by Ms. Kathleen Colville to table this policy until the June 17, 2014 meeting. The motion was seconded by Dr. William Porfilio and approved unanimously by the board.

A discussion developed regarding mandatory flu vaccine for staff. Currently the health department does not require staff to get the flu vaccine, but strongly recommends that they do so. Dr. Shapley-Quinn responded that the state has not made flu vaccine mandatory for health department staff. Ms. Shoffner replied that if the board would like to make a recommendation for this, it is something they can look into. Mr. Tapscott recommended looking at some of the hospital policies to get some ideas for the health department.

B. Search Committee Update

Mr. Tapscott reported that several candidates have been interviewed for the health director position. The application has been opened again until June 4, 2014. Those that were interviewed are still being considered, but the committee would like to have a larger pool of candidates to offer a second interview to.

i. Director Residency Requirement

Mr. Tapscott discussed that it was assumed that the health director would have to reside in Alamance County. Mr. Craig Honeycutt informed Mr. Tapscott that it is not a requirement. If the board would like that to be a requirement, it would have to be addressed by the board. Mr. Tapscott asked Ms. Saunders if she had lived in Wake County, would it have impacted her response during the ice storm. Ms. Saunders said that it likely would have and that many employees that reside outside the county had difficulty reaching the shelter. It was discussed that there are pros and cons to making the residency a requirement for the health director. The board decided to not make it a requirement, but to state on the job announcement that it is preferred that the health director live in Alamance County.

C. Board of Health Appointment

Mr. Tapscott informed the board that there is an appointment pending for the Representative of the General Public seat. Dr. Andrew Van Hoewyck, DC has submitted his application online, and it was brought to the commissioners meeting. The commissioners asked that the board review his application before they appointed him. Dr. Van Hoewyck was at the meeting, and introduced himself and expressed his interest in serving on the board.

The nurse that was appointed to the board will not be serving due to her relocating outside of Alamance County.

XIV. Other

Ms. Kathleen Colville announced that on May 3, 2014 Active City Streets will be going on in downtown Burlington. The March of Dimes walk is also taking place at this event.

XV. Adjournment

With no further action or discussion, the meeting adjourned at 9:34 p.m.

ALAMANCE COUNTY BOARD OF HEALTH

Mr. W. Kent Tapscott, Chair	
Ms. Stacie Turpin Saunders, Secretary	