## **ALAMANCE COUNTY BOARD OF HEALTH**

## Minutes

# **Regular Meeting of the Board of Health**

## **December 21, 2010**

The Alamance County Board of Health met at 6:00 p.m. on Tuesday, December 21, 2010, in the Professional Board Room of the Human Services Center located at 319-B North Graham-Hopedale Road, Burlington, North Carolina.

The following board members were present: Ms. Linda Massey, Commissioner; Dr. Reid Woodard, Chairman; Dr. Michael Blocker, Vice Chairman; Dr. Donald Courtney; Dr. Kary Dodd; Mr. Kent Tapscott; and Mr. Charles Wilson.

The following staff members were present: Mr. Barry Bass, Mr. Carl Carroll, Ms. Nekaya Harrelson, Mr. Eric Nickens, Ms. Becky Perkins, Dr. Kathleen Shapley-Quinn and Ms. Janna Elliott.

The following guests were present: Mr. Charles Harrelson, Ms. Cindy Watkins, Ms. Ann Meletzke and Ms. Carrie Stone.

# I. Call to Order

Dr. Reid Woodard, Chairman, called the meeting to order at 7:02 pm.

# II. Awards and Recognition

Dr. Woodard presented the 2010 Public Health Partnership Award to the Alamance Partnership for Children, represented by Ms. Cindy Watkins, Executive Director; Ms. Ann Meletzke and Ms. Carrie Stone.

Dr. Woodard presented the 2010 Employee of the Year Award to Ms. Nekaya Harrelson.

Mr. Barry Bass announced that Ms. Stacie Saunders received the 2010 "You Can Count on Me" Award.

Dr. Michael Blocker presented Dr. Woodard with a plaque commemorating his nine years of service as a member, Vice Chairman and Chairman of the Board of Health.

# **III. Introductions**

Commissioner Linda Massey introduced herself to the board; board and staff members introduced themselves.

# IV. Approval of the October 19, 2010, Board of Health Minutes

A motion was made by Dr. Michael Blocker to approve the October 19, 2010, Board of The motion was seconded Health minutes. by Dr. Donald Courtney and approved unanimously by the board.

#### V. **Public Comment**

No public comments were made.

#### VI. **Administrative Reports**

#### A. **Personnel Update**

Ms. Janna Elliott provided the board with the following Personnel Update:

December 21, 2010
PERSONNEL UPDATE
New Hires / Transfers / Resignations:
<ul> <li>Marleen Loftis resigned from her position as Processing Assistant III – WIC Clerk effective October 22, 2010.</li> <li>Mary White began employment in the Licensed Clinical Social Worker position (replacing Aimee Vandemark) on December 2, 2010.</li> <li>Emily Barrows began employment in the Public Health Nurse I (50%) position (replacing Kelly Mendenhall) on December 17, 2010.</li> <li>Jennifer Burton has resigned from her position as Processing Assistant III – Finance Clerk effective December 23, 2010.</li> <li>Nancy Sartin will retire from her position as Public Health Nurse I and Acting Nursing Director effective January 1, 2011.</li> <li>Jamie Brown will begin employment in the Dental Assistant position (replacing Sherri Wanner) on January 3, 2011.</li> </ul>
Recruiting to fill the following positions:
<ul> <li>Processing Assistant III – WIC Clerk, replacing Marleen Loftis</li> <li>Public Health Nurse I, replacing Nancy Sartin</li> <li>Public Health Nurse I, replacing Cathy Stephenson</li> <li>Public Health Nurse II – Communicable Disease Coordinator, replacing Mollie Todd</li> <li>Dentist I, replacing Roberta Osborn (this position is now a full-time position)</li> </ul>
Vacant positions:
<ul> <li>Public Health Nursing Director III, replacing Debra Garrett</li> <li>Foreign Language Interpreter II – WIC, replacing Maria Oakley</li> </ul>

# **B.** Budget Amendments/Transfers

Ms. Becky Perkins presented the Health, WIC and Dental amendments and transfers 9 - 12 for the 2010-2011 fiscal year for board approval:

ACCOUNT CODE	DESCRIPTION	TRIAL BALANCE	STATE BUDGET	COUNTY BUDGET
REV. NO. STATE BUDGET:	9		TRANSFER:	Health X
Revenue: 310-3511-309 <u>Expenditures:</u>	Women's Health Service	8,000.00	8,000.00	8,000.0
110-5110-631	Sterilizations	8,000.00	8,000.00	8,000.0
Explanation:	Received funding from the NC Division of Public Health for steriliza			
ACCOUNT CODE	DESCRIPTION	TRIAL BALANCE	STATE BUDGET	COUNTY BUDGET
REV. NO. STATE BUDGET:	10		TRANSFER:	Health X
Revenue: 310-3511-309 Expenditures <u>:</u>	Women's Health Service	4,585.00	4,585.00	4,585.0
110-5110-239	Medical Scientific Supplies	4,585.00	4,585.00	4,585.
Explanation:	Received funding from the NC Division of Public Health for Long Ac	· ·		COUNTY
ACCOUNT CODE	DESCRIPTION	TRIAL BALANCE	STATE BUDGET	BUDGET
REV. NO. STATE BUDGET:	11 Chronic Disease & Injury		TRANSFER:	Health X
_				10,542.
Revenue: 310-3511-330 Expenditures:	Asthma Grant	10,542.00	10,542.00	
	Asthma Grant Asthma Grant	10,542.00 10,542.00	10,542.00	10,542.0
310-3511-330 Expenditures:		10,542.00 aronic Disease & Injury Bran	10,542.00 Ch to help reduce the bu	
310-3511-330 <u>Expenditures:</u> 110-5110-630	Asthma Grant Received additional funds from the NC Division of Public Health, Ch	10,542.00	10,542.00	
310-3511-330 Expenditures: 110-5110-630 Explanation:	Asthma Grant Received additional funds from the NC Division of Public Health, Ch through awareness and educational activities.	10,542.00 aronic Disease & Injury Bran TRIAL	10,542.00 ch to help reduce the bu STATE BUDGET DEPT. NAME: TRANSFER:	ırden of asthn COUNTY
310-3511-330 <u>Expenditures:</u> 110-5110-630 Explanation: <u>ACCOUNT CODE</u> REV. NO.	Asthma Grant Received additional funds from the NC Division of Public Health, Ch through awareness and educational activities. DESCRIPTION 12	10,542.00 aronic Disease & Injury Bran TRIAL	10,542.00 ch to help reduce the bu STATE BUDGET DEPT. NAME: TRANSFER:	rden of asthn COUNTY BUDGET Health

A motion was made by Dr. Michael Blocker to approve the Health, WIC and Dental budget amendments and transfers 9 – 12 for FY 2010-2011. The motion was seconded by Dr. Donald Courtney and was approved by the board unanimously.

# VII. Personal Health Committee Update

Dr. Woodard presented the minutes from the November 16, 2010, Personal Health Committee meeting.

# Alamance County Board of Health

# Personal Health Committee

The Personal Health Committee met on Tuesday, November 16, 2010, at 6:00 pm, in the Health Department Conference Room (Room 1129) of the Human Services Building located at 319-B N. Graham Hopedale Rd, Burlington, North Carolina.

The following committee members were present: Ms. Lynda Puckett, Mr. Kent Tapscott, Mr. Charles Wilson and Dr. Reid Woodard.

The following staff members were present: Mr. Barry Bass, Dr. Kathleen Shapley-Quinn, Ms. Nancy Sartin and Ms. Janna Elliott.

# <u>Call to Order</u>

Ms. Lynda Puckett called the meeting to order at 6:07 pm.

# WIC Update

Ms. Nancy Sartin provided the committee with the WIC Monthly Report for September and October 2010.

finutes 2 November 16, 2010
WIC
Departmental Monthly Report
September 2010
Clinic Activities:
915 Clinical Nutrition contacts provided by Nutritionist
485 Hemoglobin's done in WIC
311 Nutrition Education lessons provided by WIC Clerical
Most recent report of dollar amount of WIC vouchers redeemed in Alamance County 264,241.68. Number Food Vouchers redeemed – 11835
Clinic show rate – 67% (845 appointments kept/1261 appointments scheduled)
Clinic profile: 4507 or 100 % of assigned caseload 4517
Racial Ethnic composition of caseload- 38% White- Black 24% -35% Hispanic –
<1% Asian.
Grocery Store Bulletin board
WIC Staff Meeting 9-1-2010
Mandatory Furlough Day 9-3-10
Vendors monitored 5
Meeting with CDSA Dietitian 9/7/10 – Donna Dotson, Michele Herbek, Nicole Alston attended
Lactation Educator Training attended by Nicole Alston and Candace Jeffries 9/8- 9/10
Orange/Chatham County Breastfeeding Coalition meeting at UNC 9/15 attended by Catherine Cunningham, Lorena Gomez, Naomi Garcia and Courtnie Carter

Minutes	3	November 16, 2010
Food Safety present	tation by Nicole Alston at ARM	C 9/16
Local Agency self-a	ssessment completed 9/30	
NCALND meeting	attended by Michele Herbek 9/	17
Webinars: Civil Rig	ghts and Food Package on 9/15	& 9/27
Gestational Diabete 9/30	es conference in Winston-Salem	attended by Donna Dotson
	atal Region IV Wake County br t with breastfeeding peer counse	0
Breastfeeding Peer	Counselor Program caseload 18	7 by 9/30/10
Administrative Ass Robertson and Jen	istant conference in Raleigh 9/2 Scott	7 attended by Robin
Completed by Mich	ele Herbek & Robin Robertson	

finutes 4 November 16, 2010
WIC
Departmental Monthly Report
October 2010
Clinic Activities:
1071 Clinical Nutrition contacts provided by Nutritionist
±35 Hemoglobin's done in WIC
311 Nutrition Education lessons provided by WIC Clerical
Most recent report of dollar amount of WIC vouchers redeemed in Alamance County 265,561.78. Number Food Vouchers redeemed – 12020
Clinic show rate –68% (911appointments kept/1331 appointments scheduled)
Clinic profile: 4415 or 98 % of assigned caseload 4517
Racial Ethnic composition of caseload- 38% White- Black 24% - Hispanic 35%
<1% Asian.
Grocery Store Bulletin board
WIC Staff Meeting 10-6-2010
Staff attended Annual WIC Conference in Raleigh 10-28-10
Marleen Loftis, PA III resigned as of 10-22-10
Gestational Diabetes conference Raleigh 10–1-10; Nicole Alston & Michele Herbek
Lunch and Learn, "You Are What You Eat, Aren't You" Nicole Alston 10-7-10
Lactation Educator Clinical Rotation Winston-Salem, Nicole Alston & Candace Jeffries

	5	November 16, 2010
Nutritionist Meetin	ng 10-13-10	
	erence Raleigh 10/27-10/29 M	ichele Herbek
	0	
Breastfeeding Peer Catherine Cunning	Counselor information lunch n ham	neeting for Nursing 10-4-10
Completed by Mich	nele Herbek & Robin Robertsor	n
Access Work Group co show rate has already however provider apport A consultant is visiting	cessful thus far. There continues ontinues to meet and resolve prol y increased dramatically. Nurse ointments have decreased. Previo g in December to review clerical ng the first week of January.	blems as they arise. The patient e specific visits have increased; ously, clinics overbooked by 50%.
The immunization clin	hat the state lab has reported its nic averages ten flu vaccinations p d at the health department.	
pressure checks in Ala	the committee with a newly cre mance County. It was decided to ny local pharmacies have staff wh	add, "See your local pharmacy,"
	eased to inform the committee tha NCPHA conference in Wilmington	
Medical Director's	<b><u>Report</u></b> Quinn gave the Alamance Count ayment Source Statistics as we	ty Health Department Maternity

			6				Novei	nber
	A	CHD MAT		VOLUME STAT	ISTICS			
Month/Year	Tota	al Pts	Total Visits	Hispanic Client Visits	% Of total	Asian Client Visits	% of total	
Jan-00 Feb-09		250 268	460 477	200 220	43% 46%	5	1% 1%	
Mar-09		273	522	218	41%	6	1%	
Apr-09		274	495	245	49%	11	2%	
May-09 Jun-09		263	461	229	50%	10	2%	
Jul-09		266 253	511 507	258 250	50% 49%	17 14	3% 3%	
Aug-09		247	446	217	49%	8	2%	
Sep-09		255	462	217	47%	10	2%	
Oct-09 Nov-09		268	513	219	43%	6	1%	
Dec-09		265 278	452 516	220 252	49% 49%	2	<1% 1%	
average/month						-		
*			information now refle- ulated using total visit		and not und	uplicated numbe	ers;	
Month/Year	Tota	al Pts	Total Visits	Hispanic Client Visits	% Of total	Asian Client Visits	% of total	
Jan-10		265	459	232	51%	6	1%	
Feb-10		266	453	239	53%	8	2%	
Mar-10 Apr-10		298 278	538 500	262 246	49% 49%	12 12	2% 2%	
May-10		252	443	200	45%	16	4%	
Jun-10		250	507	228	45%	11	2%	
Jul-10 Aug-10		249 243	480 472	219 231	46% 49%	11	2% 0%	
Sep-10		228	437	180	41%	ō	0%	
		217	376	173	46%	0	0%	
Oct-10								
Nov-10								
Nov-10 Dec-10 average/month	* Hispanic & A	sian client	information now reflec	cts number of visite	and not und	uplicated numbe	NC.	
Nov-10 Dec-10 average/month			information now refle- ulated using total visit		and not und	uplicated numbe	ers;	
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Dr. Shapley-Quinn stated that she expects to see the number of STD appointments increase with Open Access scheduling.

# Health Director's Report

Minutes

8

November 16, 2010

Mr. Bass stated that three additional complaints had been received regarding 333 Sports Bar & Grill. Mr. Bass and Mr. Carroll have met with Mr. Clyde Albright, Alamance County Attorney. Mr. Albright is working on an injunction.

Mr. Bass stated that for accreditation purposes, a Public Comment session regarding Open Access will be held at an upcoming Board of Health meeting.

Mr. Bass stated that the QI 101 Team has chosen their project: to streamline Women's Health Clinic visits from check-in through check-out. The core team has participated in a webinar and most recently a teleconference with Dr. Greg Randolph. A QI survey of ACHD staff resulted in a "D" grade. Mr. Bass and Management Team will reflect on the comments received and matters raised. It was noted that several issues noted in the survey are beyond the control of the Health Department.

## Closed Session

The meeting went into closed session per N.C. General Statute 143-318.11 (a) (6) at 6:44 p.m. for the purpose of discussing a personnel issue.

The closed session adjourned into open session at 7:30 p.m.

Ms. Puckett announced that a personnel matter was discussed during the closed session but that no actions were taken.

### <u>Adjournment</u>

With no further business, the meeting adjourned at 7:34 pm.

Respectfully submitted, Janna Elliott Clerk to the Board of Health

# VIII. Environmental Health Committee Update

Dr. Courtney presented the minutes from the November 16, 2010, Environmental Health Committee meeting.

### Alamance County Board of Health

#### Environmental Health Committee

The Environmental Health Committee met on Tuesday, November 16, 2010, at 12:00 pm in the Health Department Conference Room (Room 1129) of the Human Services Building located at 319-B N. Graham Hopedale Road, Burlington, North Carolina.

The following committee members were present: Dr. Donald Courtney, Mr. Chad Huffine and Mr. Michael Venable.

The following staff members were present: Ms. Terri Craver, Ms. Nancy Sartin and Ms. Janna Elliott.

#### <u>Call to Order</u>

Chairman Donald Courtney called the meeting to order at 12:12 pm.

### <u>Environmental Health Update</u>

Ms. Terri Craver reported that 140 animals were vaccinated at the Rabies Clinic held at Environmental Health on October 30, 2010. This is down from last year, but a local veterinarian held a clinic on the same day at Tractor Supply.

Ms. Craver was pleased to announce that Toby was released from his mandatory six month confinement on October 25, 2010, after being exposed to a rabid skunk earlier this year.

Ms. Craver reminded the committee about the biosolid/sludge application at local farms. Mr. Carl Carroll was invited and visited a farm during application to view the process. Mr. Carroll observed vehicles spraying biosolids on fields, buffers were being met and he did not detect an odor during application process. Ms. Craver stated that the City of Burlington is going the extra mile to ensure the use of biosolids is safe for people and animals.

Ms. Craver discussed that Elon University recently built a pool for therapeutic purposes. The pool was constructed without consultation of Environmental Health staff. Our staff are working with the University to make sure they are in compliance with the therapeutic pool.

Ms. Craver stated that three additional complaints had been received regarding 3Thirty3 Sports Bar & Grill. Mr. Barry Bass and Mr. Carroll have met with Mr. Clyde Albright, Alamance County Attorney. Mr. Albright is working on an injunction.

Ms. Craver noted that Ms. Shannon Alley worked with the Alamance County Medical Reserve Corps and recently helped to facilitate a combined training activity with Orange County Medical Reserve Corps. Alamance County had several volunteers attend the meeting who will be an asset should we need to call on them.

Ms. Craver reported a new subdivision has been permitted in Graham on a piece of land which was previously annexed. The bank took ownership of the property and completed the necessary steps to have the 16 lots de-annexed.

#### Health Director's Update

Ms. Nancy Sartin reported that Ms. Kathy Brooks and Mr. Carroll are spear-heading the accreditation process. Assignments have been delegated and after a discussion with a consultant, Alamance County Health Department is ahead of the game.

Minutes 2 November 16, 2010 Ms. Sartin was pleased to announce that Open Access scheduling began on November 8 and has been very successful thus far. There continues to be minor kinks, but the Open Access Work Group continues to meet to try to resolve all problems. The patient show rate has already increased dramatically. Ms. Sartin stated that the QI 101 Team has chosen their project: to streamline Women's Health Clinic visits from check-in through check-out. The core team has participated in a webinar and most recently a teleconference with Dr. Greg Randolph. Ms. Sartin noted that a state consultant will evaluate the clerical area processes in December. Ms. Sartin provided the committee with a newly created pamphlet regarding blood pressure checks in Alamance County. Dr. Courtney inquired about the percentage of population with unknown blood pressure problems and why that percentage has unknown or undiagnosed problems. Dr. Courtney also inquired how Health Care Reform will affect client services at the Alamance County Health Department. Ms. Sartin was pleased to inform the committee that she was named a Public Health All-Star at the NCPHA conference in Wilmington in October. Closed Session The meeting went into closed session per N.C. General Statute 143-318.11 (a) (6) at 12:36 p.m. for the purpose of discussing a personnel issue. The closed session adjourned into open session at 1:10 p.m. Dr. Courtney announced that a personnel matter was discussed during the closed session. Adjournment With no further business, the meeting adjourned at 1:15 pm. Respectfully submitted, Janna Elliott Clerk to the Board of Health

# IX. Environmental Health Update

Mr. Carl Carroll reported that the issue with Elon University's therapeutic pool has been resolved. State pool regulations allow an exemption for therapeutic pools which are operated in conjunction with a licensed physical therapy program. A licensed physical therapist oversees the program at Elon University, therefore their therapeutic pool is exempt from permit and inspection requirements.

Mr. Carroll discussed that the status of smoking at 3Thirty3 Sports Bar is now in the County Attorney, Mr. Clyde Albright's hands. Another sports bar/private club has received two notices of violation and additional complaints have been received. Mr. Carroll stated that because a legal challenge in Pitt County where the court has deemed part of House Bill 2 unconstitutional, we are waiting further direction from Mr. Albright before proceeding with action against the other facility.

Mr. Carroll stated that all 16 lots of the new subdivision in Graham have been issued improvement permits.

Mr. Carroll stated there are currently two mobile home parks experiencing water problems. One has increased bacteria levels; the other has increased nitrite levels. Notices have been distributed throughout both parks informing residents not to drink the water. Both problems should be resolved within the next few days.

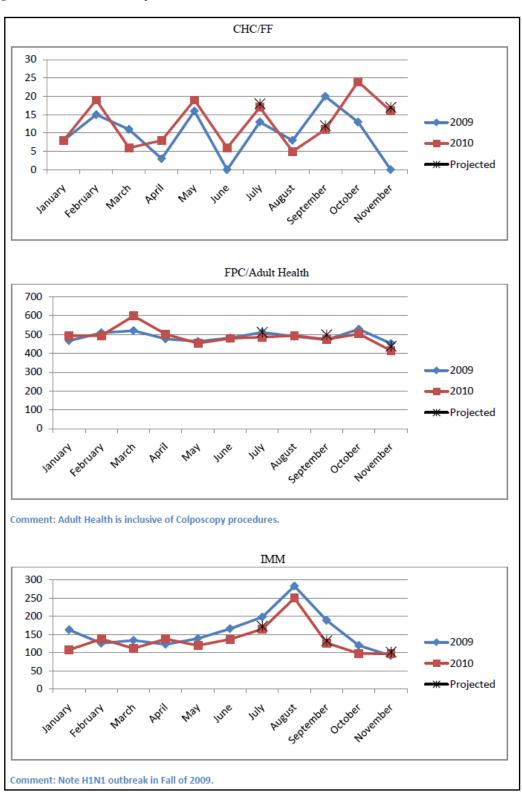
Mr. Carroll informed the board there is a home site near Lake Cammack where construction has halted until an adequate well can be constructed. A 600 foot and an 800 foot well have been dug resulting in no water. Environmental Health staff contacted a state geologist and he has visited the site and suggested they dig closer to the lake; this area was not previously used due to steep terrain and recent inclement weather.

Mr. Carroll reported that the 8<sup>th</sup> case of rabies for 2010 was reported in a stray cat in the Pollard Acres subdivision. Environmental Health staff worked in conjunction with Animal Control to post notices on mailboxes in the neighborhood since there are a number of domestic animals that roam free.

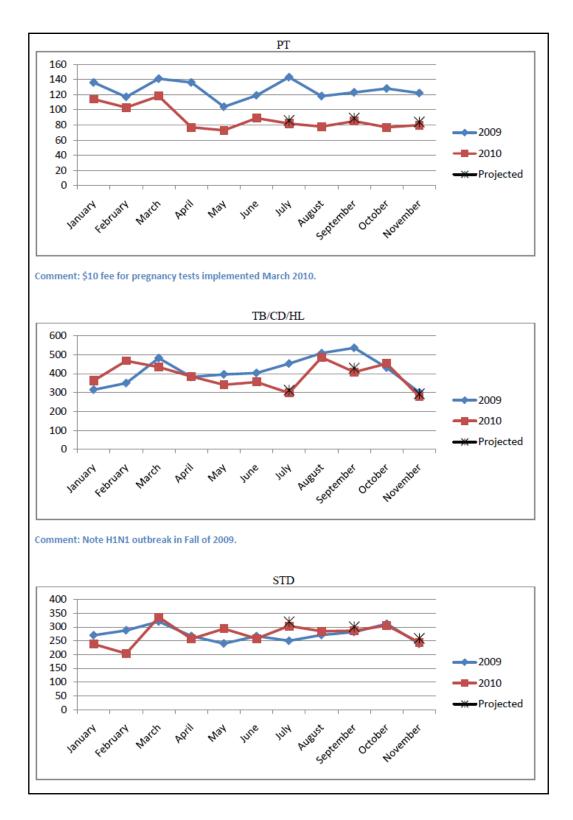
Mr. Carroll noted that Environmental Health has approved 26 new restaurant plans since July 2010. For the entire 2009-2010 fiscal year, Environmental Health approved 23 new restaurant plans.

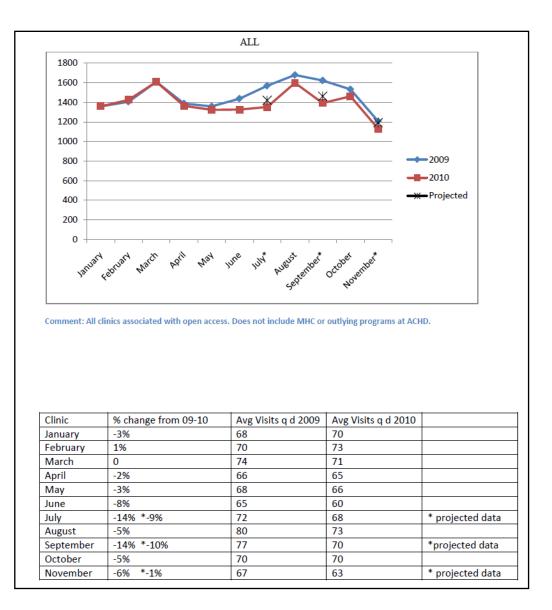
# X. Medical Director's Report

Dr. Kathleen Shapley-Quinn reported that there appears to be an increasing number of cases of pertussis diagnosed in the past few months: one in April, one in July, one in August, and one in December, with another result pending from December 2010. These positives were in a four month old, a five month old, a three month old, and a six week old. The pending results are in a two year old and his maternal granddad/caretaker where a total of four family members have had prolonged cough. Neither the two nor three year old siblings have had any vaccinations due to fear of autism. There is now concern about a radiation technologist at ARMC who has had cough greater than three weeks and how to go about investigating potential hospital contacts. The Public Health goal is to vaccinate every mom immediately postpartum (i.e. prior to discharge) and caretaker of every infant (mom, dad, grandparents, etc.) with Tdap. We also want to disseminate accurate information to parents to make decisions regarding vaccinating children. Dr. Shapley-Quinn is considering ways to create a community effort to prevent this disease.



Dr. Shapley-Quinn discussed the new Open Access schedule and how patient visits are very similar to those of this time in 2009:





Dr. Shapley-Quinn discussed a recent Brucella exposure at Lab Corp during which five Lab Corp employees were potentially exposed to Brucella as part of their work. All five individuals received post exposure prophylaxis. As per state/CDC guidelines, these five employees will be surveyed weekly for three months for any symptoms of Brucella. Blood testing will also occur at the intervals requested by the state/CDC. Lab Corp has been offered a "Unified Assistance Plan" to try and prevent exposures. No employees have developed any symptoms to date.

# XI. Health Director's Report

Mr. Bass discussed the continued funding concerns with the CSC (Child Service Coordination) and MCC (Maternity Care Coordination) programs. At a recent meeting with an MCC workgroup, it is probable that the Baby Love program will transition to a "maternity home" model. In this model, MCC staff would focus only on high-risk maternity patients. This is a result of the \$3.4 billion state budget deficit, which includes the proposed elimination of the state's dental health program and the school health nurse program by the Division of Public Health.

Mr. Bass was pleased to announce that ACHD has received a \$50,000 grant for a Latino family planning outreach program. The "Parents as Teachers" program at the Alamance Partnership for Children will make referrals for women to defer pregnancy and ensure preconception health. Mr. Wilson inquired why this program would only target Latinos. The Hispanic teen pregnancy rate is higher than other groups, so focusing on this population would help to reduce overall teen pregnancy rates and also help to decrease poor birth outcomes.

Mr. Bass also discussed the collaboration with Piedmont Health Services in the "Positive Parenting Program" which would create and conduct psychological and psychosocial assessments for families. We have successfully proceeded through the first three tiers of the initiative. This demonstration project is funded through NACCHO.

# XII. Old Business

## A. Election of 2011 Officers

Dr. Woodard presented the minutes from the Nominating Committee meeting held on November 16, 2010.

### Alamance County Board of Health

#### Nominating Committee

The Nominating Committee met on Tuesday, November 16, 2010, at 7:50 pm, in the Professional Board Room of the Human Services Center located at 319-B North Graham-Hopedale Road, Burlington, North Carolina.

The following committee members were present: Ms. Lynda Puckett, Mr. Kent Tapscott, Mr. Charles Wilson and Dr. Reid Woodard.

The following staff members were present: Ms. Janna Elliott.

#### Call to Order

Chairman Reid Woodard called the meeting to order at 7:51 pm.

#### <u>Nominations</u>

The committee nominated Dr. Michael Blocker for Chairman of the Board of Health, Dr. Donald Courtney as Vice-Chairman of the Board of Health, Mr. Chad Huffine as Chairman of the Environmental Health Committee and Mr. Kent Tapscott as Chairman of the Personal Health Committee.

<u>Adjournment</u> With no further business, the meeting adjourned at 8:02 pm.

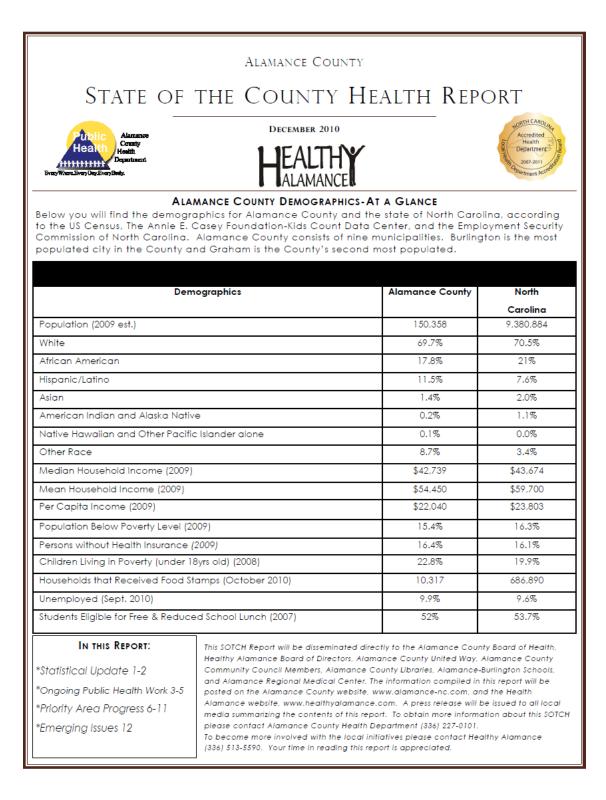
Respectfully submitted, Janna Elliott Clerk to the Board of Health

> A motion was made by Mr. Charles Wilson to elect Dr. Michael Blocker as Chairman of the Board of Health, Dr. Donald Courtney as Vice-Chairman of the Board of Health, Mr. Chad Huffine as Chairman of the Environmental Health Committee and Mr. Kent Tapscott as Chairman of the Personal Health Committee. The motion was seconded by Dr. Donald Courtney and approved unanimously by the board.

### **XIII. New Business**

### A. 2010 State of the County Health Report

Mr. Eric Nickens presented the 2010 State of the County Health Report. He thanked Health Education staff and their community partners for their hard work and dedication to completing this report accurately and timely.



Strengths

#### Page 2

#### STATE OF THE COUNTY HEALTH REPORT STATISTICAL UPDATE

### MORBIDITY-COMMUNICABLE DISEASE

According to the North Carolina State Center for Health Statistics and the North Carolina HIV/STD surveillance Report, many Alamance County communicable disease rates have changed since the 2009 SOTCH was released..

#### Disparities

- Incidence rates for syphilis, gonorrhea, and AIDS remain higher among Minorities compared to the total rate for Alamance County.
- The Minority gonorrhea rate although higher than the total rate continues to decline; from 581.3 per 100,000 population in 2003-2007 to 509.8 per 100,000 population in 2005-2009.

Communicable Disease Rates per 100,000 population (2005-2009)	North Carolina	Alamance County Rate
Gonorrhea	174.2	152.3
Primary & Secondary Syphilis	3.9	2.7

 The Minority syphilis rate, though it remains higher than the total Alamance County rate, has continued to decrease from 8.2, por 100,000 population in 2003 2007 to 7.3, por 100,000

from 8.2 per 100,000 population in 2003-2007 to 7.3 per 100,000 in 2005-2009. Additionally, it is lower than the state Minority rate of 10.7 per 100,000 population.

AIDS	Rates per 10 population	0,000
Alamance	County No	orth Carolina
5.5 9.3	7.4 10.1	8.8 10.4
2007	2008	2009

• Alamance County's gonorrhea rate decreased from 160.7 per 100,000 in 2003-2007 to 152.3 per 100,000 in 2005- 2009 and is significantly lower than the state rate of 174.2 per 100,000.

• Alamance County's 3 year (2007-2009) AIDS cases average rate is 7.2 per 100,000 population compared to the state rate of 9.9 per 100,000.

## MORTALITY

<u>Rank</u>	Cause	Number	%
1	Disease of heart	326	22.4
2	Cancer	310	21.3
3	Chronic lower respiratory diseases	98	6.7
4	Cerebrovascular diseases (stroke)	93	6.4
5	Alzheimer's disease	70	4.8
6	All other unintentional injuries	60	4.1
7	Diabetes mellitus	43	2.9
7	Nephritis, nephrotic syndrome, & nephrosis	43	2.9
9	Pneumonia & influenza	30	2.1
10	Septicemia	22	1.5
	All other causes (Residual)	363	24.9
	Total Deaths—All Causes	1458	100.0

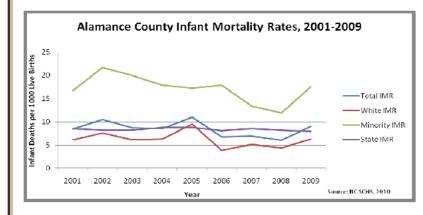
The most recent data available from the North Carolina State Center for Health Statistics for calendar year 2008 reveals that the leading causes of death in Alamance County are similar to those in counties across the state.

In Alamance County, Heart Disease reclaimed the top position as the leading cause of death (22.4% of deaths in 2008), followed by Cancer (21.3%), and Chronic Lower Respiratory Diseases (6.7%). These top three causes of death accounted for half of the deaths in the county from January 1 through December 31, 2008.

Source: State Center for Health Statistics, North Carolina

### INFANT MORTALITY

Infant mortality is defined as a death that occurs before an infant's first birthday. Alamance County's infant mortality rate for 2009 was 9.0 infant deaths per 1,000 live births. This marks the first time in four years that the county has experience an increase in infant deaths. The total births dropped from 2,015 in 2008 to 1,884 in 2009 while the total infant deaths increased from 12 in 2008 to 17 in 2009. The white infant mortality rate for Alamance County is 6.3 deaths per 1,000 live births while the infant mortality rate among minorities is 17.5 deaths per 1,000 live births. Minorities are 2.8 times more likely to experience an infant death than their white counterparts.



**CenteringPregnancy®:** In August 2009, Alamance County Health Department (ACHD) began offering CenteringPregnancy® prenatal care to maternity clients. Centering alters routine prenatal care by bringing women out of exam rooms and into groups for their care. Women have their initial OB visit in a traditional setting at which time they are invited to join 10-12 other women with similar due dates in meeting together regularly for prenatal care and health education. The groups form between 12 and 16 weeks of pregnancy and continue through the early postpartum period meeting every month for the first four months and then bi-weekly. Women learn not only from the facilitator but more importantly from one another and their own experiences.

Ten women enrolled in the inaugural Centering group and seven were included in evaluation measures. The average gestational age at delivery for participants was 38.7 weeks and average birth weight was 3153 grams (or 6.9 pounds). Over 85% of the participants initiated breastfeeding and 71.4% continued breastfeeding at six weeks. Over 71% of participants received a post partum visit within eight weeks of delivery. Additionally, 99% of participants reported that prenatal and post partum topics were covered adequately or well covered during Centering groups. In January 2010, the Health Department received March of Dimes funding to conduct two additional Centering groups. Current groups are scheduled for completion in December 2010. The Health Department is moving forward in planning additional groups for 2011 and is preparing for the Centering Healthcare Institute accreditation process.

Health Department and WIC committed to providing Period of PURPLE Crying Dose 2 materials to clients who care for infants less than fivemonths old. The PURPLE campaign's aim is to inform careaiver of the normal period of inconsolable crying infants may experience and provides tips for managing crying. Additionally, childcare providers and childbirth class participants will receive PURPLE crying education through a trained health educator.

Since May 2010, the Health Department has provided 535 women of childbearing potential a one-year supply of Multivitamins with Folic Acid through the State Multivitamin Distribution Program.

The HEY Ladies Preconception Health Education program has been continued with local funds. The program provides health behavior counseling using Motivational Interviewina reaardina healthy weight, smoking cessation, contraceptive use, and folic acid supplementation. As of October 2010, the program has reached 283 women.

In September 2010, the

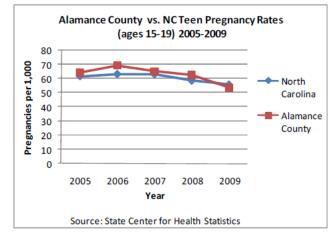
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#### STATE OF THE COUNTY HEALTH REPORT ONGOING PUBLIC HEALTH WORK

### TEEN PREGNANCY

Page 4

We continue to see a decline in the Alamance County teen pregnancy rate. Recent data released in 2009 shows that there were 53.6 pregnancies per 1,000 girls aged 15-19 compared to 62.5 per 1,000 girls in 2008. This is the first time in years that the Alamance County teen pregnancy rate is slightly lower than the state rate. In 2009, among girls ages 10-14, two pregnancies were reported compared to six pregnancies in 2008. There were 301 pregnancies among girls ages 15-19 in 2009 compared to 349 pregnancies in 2008. In 2009, Alamance County had the state's



59<sup>th</sup> highest teen pregnancy rate, compared to having had the state's 45<sup>th</sup> highest teen pregnancy rate in 2008. The new state law known as the Healthy Youth Act could further reduce the rates of teen pregnancy.

Beginning with the 2010-2011 school year, the Healthy Youth Act requires schools throughout the state to provide beneficial information regarding teen pregnancy and sexually transmitted diseases in addition to discussing abstinence. Alamance County has already begun working on efforts to reduce teen pregnancy through the Teen Outreach Program (TOP) that has been implemented in middle schools since 2003. This program teaches strategies for

pregnancy prevention and incorporates community service. Progress is still being made to increase parent-child communication as well.

Due to the positive feedback of last year's billboard message, "Every Morning an Alamance County Teen Wakes up Pregnant, Talk to Your Kids before it's Too Late", billboards were purchased through a community partnership to post throughout Alamance County focusing on parent-teen communication. The billboards were launched in May to coincide with teen pregnancy prevention month. This message helped increase awareness about teen pregnancy and encouraged the importance of dialogue between parents and teens as a prevention tactic. This billboard served as a constant reminder to the community about what's happening locally and how there's still more work that needs to be done in reducing teen pregnancy.



STATE OF THE COUNTY HEALTH REPORT ONGOING PUBLIC HEALTH WORK

### AIR QUALITY

Local air quality affects how you live and breathe. Like the weather, it can change from day to day or even hour to hour. The Healthy Alamance Child Asthma Coalition is working to make outdoor air quality easy to understand. They are keeping the community informed about the quality of air they breathe by seeking to reduce the burden of asthma in Alamance County through public awareness, education, and administration of asthma related activities. In October 2009, the Coalition was awarded the Enhancing Local Asthma Efforts grant to raise awareness on air quality. The current Air Quality Awareness Flag program was expanded to include 26 additional schools and the Coalition purchased Air Quality Awareness magnets to be placed on all 16 Environmental Health vehicles. Anti-idling signs were also purchased and displayed at prominent drop-off and pick-up locations at all Alamance County schools. These signs will serve as a reminder to bus drivers, parents and caregivers the importance of turning off their car when waiting for their child.

In September 2010, the Healthy Alamance Child Asthma Coalition was awarded additional funds from the Enhancing Local Asthma Efforts grant to expand their public awareness efforts and provide more education to child care facilities and parks and recreation departments throughout the County. By May 1st, 2011, a comprehensive air quality campaign will be developed to promote awareness of the Air Quality Index (AQI) and the Air Quality Forecast in Alamance County. The AQI is an index for reporting daily air quality. It tells you how clean or polluted your air is, and what health effects you may experience within a few hours or days after breathing polluted air. The "Know the Code" advertising on billboards, ACTA buses, and other designated locations will help residents become aware of the air they breathe on a daily basis. To follow the air quality forecast at home or at work, please follow this link: http://xapps.enr.state.nc.us/aq/ForecastCenter.



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#### Page 6

#### STATE OF THE COUNTY HEALTH REPORT PRIORITY AREA PROGRESS

### Substance Abuse

### **Tobacco Prevention**

### Healthy Alamance Substance Abuse Task Force (SATF)

The Healthy Alamance Substance Abuse Task Force (SATF) acts as an advisory board for the administration of the NC Health and Wellness Trust Fund Teen Tobacco Use Prevention and Cessation Initiative grant that passes through fiscal agent, Alamance-Caswell Local Management Entity (LME) where it is currently in the second year of a three-year grant phase. A variety of tobacco prevention activities are conducted through this grant and the SATF, including youth empowerment, support for the Tobacco-Free Schools policy in the Alamance-Burlington School System (ABSS), merchant education, support for smoke-free restaurants and bars, community education, and parent education.

The LME continues to work with the local Alcohol Law Enforcement (ALE) to ensure that tobacco and alcohol merchants are educated on the laws surrounding the sale of age-restricted products. In the summer of 2010, Alamance TRU and youth from several other counties in the region visited 42 Alamance County tobacco retailers to promote the Red Flag campaign, which encourages the careful checking of ID for age-restricted products, and to conduct <u>StoreAlert</u> surveys, in which tobacco ads are identified and counted within stores.

IRU - Tobacco.Reality.Unfiltered - is a statewide youth movement promoting tobacco use prevention and cessation



among young people. Alamance TRU is composed of teens from ABSS high schools and continues to expand its membership. The teens are trained in tobacco-related topics, from Tobacco 101 to Advocacy 101, and are actively involved in the planning and implementation of tobacco prevention programming in ABSS and across the county.

**QuitilneNC.com** The SATF and Alamance TRU continue to promote public knowledge of the ABSS 100% Tobacco-Free Schools Policy and also work with ABSS to promote best practices to increase compliance with the policy. Students, staff, and the general public are encouraged to quit smoking or using other tobacco products by taking advantage of <u>QuittineNC</u> (1-800-QUIT-NOW), a free and confidential service that is proven to help people quit.

On January 2, 2010 House Bill 2 - North Carolina's Smoke-Free Restaurants and Bars Law went into effect. This new legislation provides protection from secondhand smoke in restaurants and bars. The Environmental Health Section of

Alamance County Health Department has been working closely throughout the year with local businesses to educate them and monitor compliance with the new law. A billboard campaign was seen along interstate 185/40 in Alamance County for the initial three months of implementation for the general public. Overall the majority of restaurants and bars in the county have maintained compliance; we have had approximately a dozen reported complaints/violations come in over the year in regard to a few bars.



To get involved with Alamance TRU, e-mail AlamanceTRU@gmail.com. For more information on the Underage Drinking Initiative, please contact Karen Webb, kwebb7@bellsouth.net

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December 21, 2010

## Substance Abuse

#### Alcohol Prevention - Underage Drinking

The Elon Community Coalition to Prevent Underage Drinking completed year two of the North Carolina Coalition Initiative (NCCI) grant culminating in the completion of the National Coalition Academy through CADCA (Community Anti-Drug Coalitions of America). Efforts of the coalition addressed the local problem of underage drinking through the use of environmental strategies through advocacy, alcohol purchase surveys, campaigns such as 0-1-2 Model Responsible Drinking, Talk It Up, Lock It Up!, coordination of youth empowerment and the implementation of PRIDE Surveys with middle and high school students in the Alamance-Burlington School System.

#### Highlights:

Through funding from the N.C. Coalition Initiative, the PRIDE Survey, a national survey developed to measure alcohol, tobacco and other drug use, was administered for the first time in our community revealing that 20% of 9<sup>th</sup> graders and 37% of high school students reported using alcohol in the past 30 days. Middle school students who reported using alcohol indicated that they started using at age 10 while high school students who reported using alcohol students and 54% of high school students reported that getting alcohol was easy.

Talk It Up, Lock It Up! a statewide campaign to change the physical environment relative to youth access to alcohol in the homes was led locally by the Alamance County Youth Advisory Council (ACYAC). Talk It Up, Lock it Up! is a two prong approach to raise community awareness about the extent of the problem of youth taking alcohol from the home and raising community support for adults to monitor and lock up alcohol in their homes. Through community awareness events such as participation in local National Night Outs and Town Hall Meetings adults were asked to pledge to not provide alcohol to anyone underage 21 and to lock up their alcohol.

The Easiest Place yid<sup>5</sup> to Get Beer is right next to the milk. Det of the manufactorial Toy and pit. Recep Alcohol Out of the Hands of Kids. *Talk It Up, Lock It Up!* Bon Community Cualition to Prevent Undergree Drinking

www.alamancedfc.org

Through the Alamance County Youth Advisory Council, April was proclaimed Alcohol Awareness and Talk It Up, Lock It Up! Month by the Alamance County Board of Commissioners, the Burlington City Council and the Town of Elon Board of

Aldermen.





Advocacy efforts included communication with elected officials and the community to support raising the tax on beer, a proven method to reduce underage drinking, opposition to the naming the new amphitheatre in Raleigh the Bud Light Amphitheatre that was successfully voted down by the N.C. ABC Commission, and support for North Carolina to continue to be a control state for governmental regulation of the distribution of alcohol through licensing of outlets, limitations on hours of operation, taxation and policies.

Alcohol Purchase Surveys conducted twice per year in the

community show a positive trend in the sale rate (21% in 2008 to 15% in 2010) by clerks who would have sold alcohol to a youthful appearing individual without checking for proper identification.

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#### STATE OF THE COUNTY HEALTH REPORT PRIORITY AREA PROGRESS

### CHRONIC DISEASE

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The Healthy Alamance Chronic Disease Coalition has remained active since establishment in 2004 because chronic diseases continue to be the leading causes of death. It was formed to encourage disease prevention and reduce health disparities related to Heart Disease/Stroke, Cancer, and Diabetes by working to improve obesity rates. Most recently, the coalition has been looking at the role policy development, programming, the built environment, as well as access to healthy foods and physical activity have on obesity rates. According to the 2010 County Health Rankings, the rate of adult obesity (BMI greater than 30) is 29% in Alamance County. Obesity is often the end result of an overall energy imbalance due to poor diet and limited physical activity. Obesity increases the risk for health conditions such as coronary heart disease, type 2 diabetes, cancer, hypertension, dyslipidemia, stroke, liver and gallbladder disease, sleep apnea, and other respiratory problems, and osteoarthritis (2010 County Health Rankings). Below are some accomplishments from 2010:

<u>Graham Walks</u>, Downtown Walking program continues to be an ongoing program for 6-weeks fall/spring, resulting in over 100 participants.

Hillcrest Elementary School received a third year of funding through <u>the USDA Fruit and Vegetable</u> grant, the Alamance County Health Department and Healthy Alamance has continued to partner with the school system on this initiative.

The Alamance County Health Department continues to host local farmers at weekly seasonal markets for employees and clients to purchase fresh fruits and vegetables on site.

In collaboration with the municipal parks and recreation departments, a new community wide physical activity program was developed called <u>PARC Passport (Physical Activity and Recreation Challenge)</u>. This took place over the summer months (July-September) at various facilities in the county. Participants used a free passport booklet to explore recreational activities. The program concluded with a grand prize drawing for a new bicycle from J&L Bicycle Company, a local merchant, and physical activity prize packs for runner ups. Some of the comments from the program included:

"We had a high demand for passports and stickers throughout the 3 month program," explained Glenda Linens, Alamance County Health Department. "We gave out thousands of passports and received back 74 (completed) passports that had successfully found all ten hidden stickers. We were happy to see people of different ages and parts of the county participate!"

"I saw your PARC contest at the May Memorial Library and decided to participate. While participating, I simply fell in love with the Cedarock Park and its Disc Golf Courses. When you play these courses you will walk about 2 miles. I then started walking with trails to get in better shape. Along with eating a better diet and walking at the Cedarock Park, I have lost 25 lbs. I was also spurred to do some activity by a recent high A1c blood test. Since losing the weight and maintaining a healthier lifestyle, I am anxious to see my next blood test results. Thanks for the program and thanks for introducing me to the beautifully maintained Cedarock Park." – Local Resident 100% of the host sites saw new people using the facilities during the program.







#### STATE OF THE COUNTY HEALTH REPORT PRIORITY AREA PROGRESS

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### CHRONIC DISEASE

The Alamance County Health Department, Healthy Alamance, along with Elon University continue to work with the City of Burlington's **North Park in** <u>MOTION</u> program for it's third year (FIT Community funding ended in June 2010). A community based Leadership Board has been formed to assist with sustainability. The group completed a full day workshop on "Building Community through Cooperation and Diversity" facilitated by Visions Inc. A free youth dance program has completed three sessions (6 weeks each) reaching over 50 ranging in age from toddlers to teens. A reduced rate adult dance program has completed two sessions (10 weeks each) reaching over 60 people. The built environment has been improved to include traffic calming measures, outdoor exercise equipment, a new dance studio, a dance arcade game, a water fountain, lighting, bike racks and revitalized walking track. A motivational speaker provided a keynote address on "Finding Your Dynamic Destiny" with over 60 community members in attendance.

The Faith Based Initiative held a **Faith Forum** at the local community college for area church leaders (with over 30 people attending) to learn about starting a health ministry, adopting food policies and implementing physical activities.

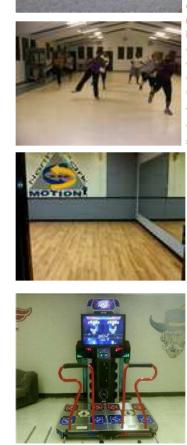
In July, NC Prevention Partners, Pfizer Pharmaceuticals, Alamance Regional Medical Center, Alamance County Area Chamber of Commerce, Elon University, Healthy Alamance and the Alamance County Health Department sponsored the Alamance Leadership Academy as part of the **Work Healthy America<sup>®</sup> Initiative**. Twenty-five local businesses committed to creating a culture of wellness in the workplace met to begin a three year process of affecting positive health behavior change and reduce preventable health care costs. Each organization completed a survey to examine their current wellness practices. Subsequently an action plan was developed for each participating organization as well as tools and on-going support is provided to reshape workplace policies and management strategies. The focus areas of activities include Nutrition, Physical Activity and Tobacco environments and Leadership Culture of Wellness.

The coalition hosted a strategic planning forum for community leaders addressing obesity called,

"<u>Moving from Thick to Fit</u>." State representatives set the framework for the dialogue where over 40 key stakeholders then brainstormed possible interventions for Alamance County.

To get involved with the Chronic Disease Coalition please contact Healthy Alamance or Chairperson, Diane Duffy, MD.

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#### TRANSPORTATION

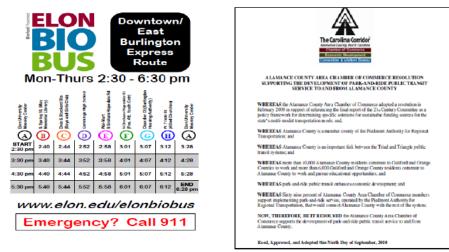
STATE OF THE COUNTY HEALTH REPORT PRIORITY AREA PROGRESS

The Transportation Task Force was formed under the auspices of United Way's Community Council after the 2007 Community Assessment was completed. The group has worked hard to educate and advocate for the development of public transportation in Alamance County. As a result over 1,000 people signed a petition in 2009 in support of public transportation for Alamance County.

Our plan for 2010 was to begin seeing system execution; starting with a Park & Ride Service, then a Feeder Service and finally a Fixed Route Service. Unfortunately, implementation has been delayed. In order for service development to begin and federal funding to come down, the County as well as the municipalities in Alamance County would need to approve a local match and agree on an implementation plan. These elected boards have yet to approve such funding mechanisms.

Although the concept of mass transit has not been reached, Elon University implemented a pilot BIO BUS loop (Spring Semester 2010) that was open to students as well as community members/local professionals. The success of the pilot resulted in the loop being continued for the 2010-11 school year. The loop runs from campus to East Burlington human service agencies and most recently a stop was added at Walmart and Cummings High School (Fall Semester 2010). Students can use this FREE service to complete service learning hours and volunteer. Local residents can take the bus to appointments and local professionals can use it for meetings and visiting other colleagues. The university has seen tremendous response.

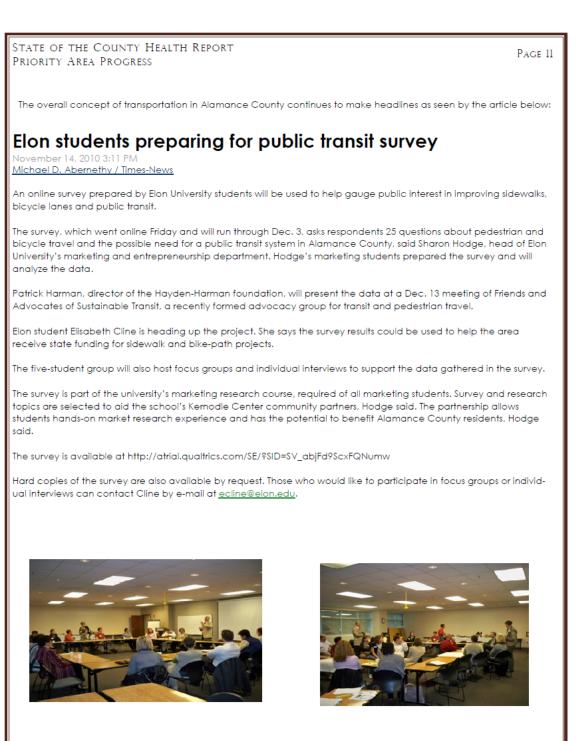
Spring 2010 ridership was 1,147 with 39% students, faculty and staff and 61% community members. Assessment indicated a steady increase in ridership from February to May. Fall 2010 ridership remains strong with over 1,000 riders in the first 10 weeks. These are positive results given the route has limited schedule/stops.



Another positive outcome of the Transportation Task Force was the inclusion of several survey items concerning park-and-ride in the Alamance County Chamber of Commerce member survey. Results were extremely positive with 69% of the members supporting the development of park-and-ride in the County. Based on these survey results, the Chamber adopted a resolution supporting park-and-ride.

In addition, a new advocacy group has been formed called, Friends & Advocates of Sustainable Transportation (FAST). The group had their first meeting this fall and has plans for an upcoming winter meeting. The inspiration for the group seemed most appropriate after Healthy Alamance hosted a Community Planning Day called, Moving from Thick to Fit, where the proposed top idea for the county by the end of this workshop's brainstorming session was:

Connectivity/Transportation – Increase: sidewalks, bike lanes and greenways. Create more walking trails in communities and schools. Ensure roadways are pedestrian centered. Adopt a transportation system. (with 22 Votes)



STATE OF THE COUNTY HEALTH REPORT EMERGING ISSUE

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## Vaccine Costs

In July 2010, changes took place with the North Carolina Immunization Program (NCIP) which affected the health department's ability to provide some vaccines at no cost. Due to cuts in the state budget, free, state-funded vaccines were no longer provided to insured children. As a result, local health departments and county governments are now forced to purchase vaccines at a considerably higher cost, placing an even greater strain on already limited local budgets. Children with Medicaid or who are uninsured are still able to receive vaccine provided by the NCIP at no cost. Insured families have been able to take advantage of transitional vaccine as a result of one-time funding approved by the North Carolina General Assembly. In order to provide a limited amount of free vaccine during this transition away from the state-funded program. Once the supply of free transitional vaccine is depleted, patients with insurance will need to use their insurance plan to receive vaccine services. In some cases, this may require a co-pay or deductible. This emerging issue continues to change, as eligibility guidelines and requirements have changed frequently since July. For up-to-date information regarding the NCIP or the health department's immunization services, please call (336) 227-0101.





A motion was made by Dr. Michael Blocker to approve the 2010 State of the County Health Report as presented. The motion was seconded by Dr. Donald Courtney and approved unanimously by the board.

# B. Approval of 2011 Board of Health Meeting Schedule

Dr. Woodard presented the proposed 2011 Board of Health meeting schedule.

	PROPOSED 2011 MEETING SCHEDULE ALAMANCE COUNTY BOARD OF HEALTH
	The Board of Health meetings are held in the Professional Boardroom (Room S-118) of the Human Services Center.
	BOARD OF HEALTH
	(Third Tuesday of the Month)
	Tuesday, February 15, 2011, 6:30 pm
	Tuesday, April 19, 2011, 6:30 pm Tuesday, June 21, 2011, 6:30 pm
	Tuesday, August 16, 2011, 6:30 pm
	Tuesday, October 18, 2011, 6:30 pm
	Tuesday, December 20, 2011, 6:30 pm
The P	ersonal Health Committee, composed of Board of Health members, meets in the Health Department Conference Room (Room 1129).
	PERSONAL HEALTH COMMITTEE
	(Third Tuesday of the Month)
	Tuesday, January 18, 2011, 6:00 pm
	Tuesday, March 15, 2011, 6:00 pm
	Tuesday, May 17, 2011, 6:00 pm July, 2011 (No Meeting Scheduled)
	Tuesday, September 20, 2011, 6:00 pm
	Tuesday, November 15, 2011, 6:00 pm
This co	mmittee serves as the Quarterly Family Planning Review Committee. Information relating to the Family Planning Program will be shared at each meeting.
The En	vironmental Health Committee, composed of Board of Health members, meets in the Health Department Conference Room (Room 1129).
	-
	<u>ENVIRONMENTAL HEALTH COMMITTEE</u> (Third Tuesday of the Month)
	Tuesday, January 18, 2011, 12:00 pm
	Tuesday, March 15, 2011, 12:00 pm
	Tuesday, May 17, 2011, 12:00 pm
	July, 2011 (No Meeting Scheduled)
	Tuesday, September 20, 2011, 12:00 pm
	Tuesday, November 15, 2011, 12:00 pm
	Revised 12/17/1

Revised 12/17/10

A motion was made by Dr. Michael Blocker to approve the proposed 2011 Board of Health Meeting Schedule as presented. The motion was seconded by Dr. Donald Courtney and approved unanimously by the board.

## XIV. Other

No other business was discussed.

# XV. Closed Session

The meeting went into closed session per N.C. General Statute 143-318.11 (a) (6) at 8:15 p.m. on a motion by Ms. Linda Massey for the purpose of discussing a personnel issue. The motion was seconded by Dr. Michael Blocker.

The closed session adjourned into open session at 8:25 p.m. on a motion by Dr. Michael Blocker and second by Dr. Donald Courtney.

Dr. Woodard announced that a personnel matter was discussed but no votes were taken during the closed session.

# **XVI.** Adjournment

With no further action or discussion, the meeting adjourned at 8:27 p.m. on a motion made by Ms. Linda Massey and seconded by Dr. Michael Blocker.

# ALAMANCE COUNTY BOARD OF HEALTH

Dr. Reid Woodard, Chairman